



## Meals on Wheels February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Chili Mac Peas Dessert	2 Baked Chicken Thigh Buttered Egg Noodles Green Beans Dessert	3 Salisbury Steak Mashed Potatoes/Gravy Carrots Dessert	4 Turkey & Cheese Sandwich Potato Salad Dessert	5 Cheeseburger Baked Beans Dessert	6 Teriyaki Chicken Casserole Broccoli Dessert	7 Italian Pasta Salad Fruit Dessert
8 Chicken & Rice Casserole Mixed Vegetables Dessert	9 Beef & Bean Burrito Spanish Rice Black Beans Dessert	10 Roasted Chicken Seasoned Rice Green Beans Dessert	11 Ham & Cheese Sandwich Lettuce/Tomato/pickle Dessert	12 Sweet & Sour Chicken Rice Peas & Carrots Dessert	13 Biscuits/Gravy Home Fries Dessert	14 <b>HAPPY VALENTINE'S DAY!</b> Chicken Caesar Salad Dessert
15 Baked Cheese Ziti Italian Green Beans Dessert	16 BBQ Chicken Mac & Cheese Capri Vegetables Dessert	17 All Beef Hot Dog Baked Beans Dessert	18 Tuna Macaroni Salad Three Bean Salad Dessert	19 Roasted Pork Loin/Gravy Garlic Mashed Potatoes Vegetable Medley Dessert	20 Chili Cornbread Dessert	21 Greek Salad Dessert
22 Chicken & Dumplings Peas Dessert	23 BBQ Riblet Potatoes Au gratin California Vegetables Dessert	24 Penne Pasta/ Meatsauce Italian Vegetables Dessert	25 Creamy Chicken Pasta Salad Cucumber Salad Dessert	26 Chicken Stir Fry Rice Carrots Dessert	27 Stuffed Pepper Casserole Corn Dessert	28 Chicken Salad Croissant Macaroni Salad Dessert

Please call the office 48 hours in advance to make changes to your meal schedule. Thank you! (239) 337-1055



