# Meals on Wheels July 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | 1<br>Beef & Bean Burrito<br>Spanish Rice<br>Fiesta Corn<br>Dessert | 2<br>Roast Beef/Swiss<br>Sandwich<br>Macaroni Salad<br>Dessert | 3<br>Sweet & Sour<br>Chicken<br>Rice<br>Broccoli<br>Dessert | 4<br>Happy 4th of July<br>Hot Dogs<br>Baked Beans<br>Dessert | 5<br>Italian Pasta Salad<br>Fruit<br>Dessert |
| 6<br>Baked Ziti<br>w/cheese<br>Mixed Vegetables<br>Dessert | 7<br>Chicken Marsala<br>Pasta<br>Peas<br>Dessert | 8<br>Penne Pasta/Meat<br>Sauce<br>Cauliflower<br>Dessert | 9<br>Creamy Chicken<br>Pasta Salad<br>Fruit Cocktail<br>Dessert | 10<br>Biscuits/Gravy<br>Home Fries<br>Dessert | 11<br>Salisbury Steak<br>Mashed<br>Potatoes/Gravy<br>Carrots<br>Dessert | 12<br>Chicken Caesar Salad<br>Fruit<br>Dessert |
| 13<br>Goulash<br>Italian<br>Green Beans<br>Dessert | 14<br>BBQ Chicken<br>Mac & Cheese<br>Capri Vegetables<br>Dessert | 15<br>Beef Fritters<br>Rice/<br>Gravy<br>Stewed Tomatoes<br>Dessert | 16<br>Turkey & Cheese<br>Sandwich<br>Potato Salad<br>Dessert | 17<br>Chicken Parmesan/<br>Pasta<br>Italian Vegetables<br>Dessert | 18<br>Cheeseburger<br>Baked Beans<br>Dessert | 19<br>Chef's Salad<br>Fruit<br>Dessert |
| 20<br>Chicken & Rice<br>Casserole<br>Succotash<br>Dessert | 21<br>Beef Stroganoff<br>Buttered Corn<br>Dessert | 22<br>Taco Pie<br>Vegetable Medley<br>Dessert | 23<br>Tuna Macaroni Salad<br>Three Bean Salad<br>Dessert | 24<br>Polish Sausage<br>Sauerkraut<br>Roasted Potatoes<br>Dessert | 25<br>Roasted Chicken<br>Stuffing / Gravy<br>Green Beans<br>Dessert | 26<br>Classic Ham & Cheese<br>Lettuce/tomato/pickle<br>Chips<br>Dessert |
| 27<br>Chili Mac<br>Mixed Vegetables<br>Dessert | 28<br>Chicken a la king<br>Biscuit<br>California<br>Vegetables<br>Dessert | 29<br>Swedish Meatballs<br>Egg Noodles<br>Carrots<br>Dessert | 30<br>Chicken Salad /<br>Croissant<br>Pea Salad<br>Dessert | 31<br>Ham<br>Scalloped Potatoes<br>Broccoli<br>Dessert | | |

**Please call the office 48 hours in advance to make changes to your meal schedule. Thank you! (239) 337-1055**