

Meals on Wheels January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Hoppin John Fresh Vegetable Dessert	2 Tuna Salad over Spinach Fresh Orange	3 Hot Dogs Fresh Vegetable Dessert	4 Greek Salad Fresh Orange
5 Baked Ziti w/Cheese Fresh Vegetable Dessert	6 Chicken w/gravy Mashed Potatoes Fresh Vegetable Dessert	7 Spaghetti w/Italian Meatballs Fresh Vegetable Dessert	8 Creamy Chicken Pasta Salad w/Roasted Vegetables Dessert	9 Kielbasa over Sauerkraut Fresh Vegetable Dessert	10 Cheeseburger Baked Beans Dessert	11 Chicken Salad over Lettuce Fresh Fruit
12 Chili Mac Casserole Fresh Vegetable Dessert	13 Lemon Pepper Chicken Rice Pilaf Fresh Vegetable Dessert	14 Beef & Cheese Taco Pie Fresh Vegetable Dessert	15 Chicken Salad over Lettuce Orange wedge Dessert	16 Biscuits and Gravy Fresh Veggie Dessert	17 Chicken Alfredo w/Rotini Fresh Vegetable Dessert	18 Cobb Salad Fresh Fruit
19 Swedish Meatballs Pasta Fresh Vegetable Dessert	20 Chicken w/ Honey Mustard Glaze Rice Fresh Vegetable Dessert	21 Beef Stroganoff Egg noodles Fresh Vegetable Dessert	22 Creamy Chicken Pasta Salad Roasted Vegetables Dessert	23 Brats Mashed Potatoes Fresh Veggie Dessert	24 Sweet & Sour Chicken Legs Rice Fresh Vegetable Dessert	25 Tuna Salad over Fresh Spinach Fresh Fruit
26 Vegetable Lasagna Fresh Vegetable Dessert	27 Cheeseburger Baked Beans Dessert	28 Chicken w/ Gravy Mashed Potatoes Fresh Vegetable Dessert	29 Cobb Salad Fresh Fruit	30 Biscuits and Gravy Fresh Veggie Dessert	31 Hot Dogs Baked Beans Dessert	

Menu is subject to change without notice.

Please call the office if you will not be home to receive your meal (239) 337-1055.

Delivery times are 9:00am to 12:30pm, and no meals will be left outside if you're not home. Thank you.

