

Meals on Wheels December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Chili Mac Casserole Fresh Vegetable Dessert	2 Lemon Pepper Chicken Rice Pilaf Fresh Vegetable Dessert	3 Beef & Cheese Taco Pie Fresh Vegetable Dessert	4 Chicken Salad over Lettuce Orange wedge Dessert	5 Kielbasa over Sauerkraut Fresh Vegetable Dessert	6 Chicken Alfredo w/Rotini Fresh Vegetable Dessert	7 Cobb Salad Fresh Fruit
8 Baked Ziti w/Cheese Fresh Vegetable Dessert	9 Chicken w/gravy Mashed Potatoes Fresh Vegetable Dessert	10 Spaghetti w/Italian Meatballs Fresh Vegetable Dessert	11 Greek Salad Fresh Orange	12 Hoppin John Fresh Veggie Dessert	13 Hot Dogs Baked Beans Dessert	14 Chicken Salad over Lettuce Fresh Fruit
15 Swedish Meatballs Pasta Fresh Vegetable Dessert	16 Chicken w/ Honey Mustard Glaze Rice Fresh Vegetable Dessert	17 Beef Stroganoff Egg noodles Fresh Vegetable Dessert	18 Cobb Salad Orange wedge Dessert	19 Biscuits and Gravy Fresh Veggie Dessert	20 Sweet & Sour Chicken Legs Rice Fresh Vegetable Dessert	21 Tuna Salad over Fresh Spinach Fresh Fruit
22 Chili Mac Casserole Fresh Vegetable Dessert	23 Lemon Pepper Chicken Rice Pilaf Fresh Vegetable Dessert	24 Beef & Cheese Taco Pie Fresh Vegetable Dessert	25 MERRY CHRISTMAS! Chicken Stuffed with Broccoli. Delivered on 12/24	26 Kielbasa over Smashed Potato Fresh Vegetable Dessert	27 BBQ Chicken Over rice Fresh Vegetable Dessert	28 Cobb Salad Fresh Fruit
29 Vegetable Lasagna Fresh Vegetable Dessert	30 Cheeseburger Fresh Vegetable Dessert	31 Chicken w/ Gravy Mashed Potatoes Fresh Vegetable Dessert	1 Hoppin John Fresh Vegetable Dessert	2 Tuna Salad over Spinach Fresh Orange	3 Hot Dogs Fresh Vegetable Dessert	4 Creamy Chicken Pasta Salad w/Roasted Vegetables Dessert

Menu is subject to change without notice.

Please call the office if you will not be home to receive your meal (239) 337-1055.

Delivery times are 9:00am to 12:30pm, and no meals will be left outside if you're not home. Thank you.

