

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Linguini w/tomato cream sauce & Peas Vegetable Dessert	4 Baked Chicken Sweet Potatoes Broccoli Dessert	5 Chicken Tetrzzini Vegetable Dessert	6 Beef Stroganoff Egg Noodles Vegetable Dessert	7 Apple Cider Glazed Ham Potatoes Green Beans Dessert	8 Oven Fried Chicken Baked Beans Cornbread	9 Spinach Salad w/bacon & Egg Corn Muffin
10 Broccoli & Cheddar Strada Home Fries Dessert	11 Baked Ziti w/cheese Vegetable Dessert	12 Shrimp and Grits Collard Greens Dessert	13 Beef Stir Fry Rice Carrots Dessert	14 Chicken Soft Tacos Pinto Beans Dessert	15 Spaghetti Marinara Vegetable Dessert	16 Chef's Salad w/ranch dressing Dessert
17 Crustless Quiche Lorraine Home Fries Dessert	18 Sweet-n-Sour Chicken over rice Mixed Vegetables Dessert	19 Turkey Meatloaf Sweet Potatoes Vegetable Dessert	20 Chicken w/gravy and mashed potatoes Vegetable Dessert	21 Spaghetti Bolognese Vegetable Dessert	22 BBQ Pulled Chicken on Texas Toast Green Beans Dessert	23 Chicken Caesar Salad Dinner roll w/butter
24 Tuna Noodle Casserole Vegetable Dessert	25 Chicken Alfredo Broccoli Dessert	26 Baked Penne w/ground turkey & cheese Green Peas Dessert	27 Taco Pie Vegetable Dessert	28 Chicken Stir Fry Stir Fry Vegetables Dessert	29 Cheeseburger Baked Beans Roasted Potatoes	30 Cobb Salad w/fresh herbs

Please call the office if you will not be home to receive your meals (239) 337-1055. Delivery times are 9:30am to 12:30pm, and no meals will be left outside if you're not home. Thank you!!