

MOW**March 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Lemon Pepper Chicken Thighs Roasted Potatoes Fresh Vegetable Dessert	2 Chicken Alfredo w/WW Penne Pasta Green Peas Dessert	3 Baked Ham w/Raisin Sauce Mashed Sweet Potatoes Broccoli Dessert	4 Taco Pie Black Beans Dessert	5 Chicken & Vegetable Stir Fry on WW Rice Stir Fry Veggies Dessert	6 Cheeseburger Oven Potatoes Baked Beans	7 Tuna Casserole Fresh Vegetable Dessert
8 Beef Stew w/potatoes, carrots, & peas Mixed Vegetables Dessert	9 Roast Turkey w/Mashed Potatoes & Gravy Peas and Carrots Dessert	10 Chicken Tomato Bake Green Beans Dessert	11 Beef Lasagna Fresh Vegetable Dessert	12 Turkey Ala King Fresh Vegetable Dessert	13 Oven Fried Chicken Fresh Vegetable Dessert	14 Fish Chowder Rice Fresh Vegetable Dessert
15 WW Penne Marinara Fresh Vegetable Dessert	16 Herb Baked Chicken Roasted Sweet Potatoes Dessert	17 Corned Beef Cabbage Carrots Dessert	18 Chicken Piccata WW Spaghetti Fresh Vegetable Dessert	19 Pork Chops Buttered Egg Noodles Fresh Vegetable Dessert	20 Salmon Cakes Vegetable Rice Pilaf Fresh Vegetable	21 Stuffed Peppers Fresh Vegetable Dessert
22 Chicken Cacciatore WW Spaghetti Fresh Vegetable Dessert	23 Turkey Shepherd's Pie Fresh Vegetable Dessert	24 WW Macaroni and Cheese Green Beans Dessert	25 Meatloaf Mashed Potatoes w/gravy Green Beans Dessert	26 Beef Picadillo WW Brown Rice Fresh Vegetable Dessert	27 Sweet & Sour Pork WGR Brown Rice Honey Roasted Carrots Dessert	28 Chicken and White Bean Chili Fresh Vegetable Dessert
29 Chicken Divan Fresh Vegetable Dessert	30 Sloppy Joes Italian Green Beans Dessert	31 Chicken Curry Casserole Honey Roasted Carrots Dessert	4/1 BBQ Chicken Thighs Baked Beans Dessert	4/2 WW Spaghetti Bolognese Fresh Vegetable Dessert	4/3 Sweet & Sassy Chicken Fresh Vegetable Dessert	4/4 Kielbasa and Sauerkraut Fresh Vegetable Dessert