

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Lemon Pepper Chicken Rice Pilaf Fresh Vegetable Dessert	2 <b>Happy Labor Day!</b>	3 Meatloaf (Beef) Mashed Potatoes w/gravy Fresh Vegetable Dessert	4 BBQ Chicken Fresh Vegetable Dessert	5 Spagnetti Bolognese Fresh Vegetable Garlic Bread Pudding	6 Baked Honey Chicken Fried Rice Mixed Vegetables Dessert*	7 Chef's Salad Banana Nut Muffin
8 Stuffed Peppers Fresh Vegetable Dessert	9 Chicken Alfredo w/Penne Broccoli Dessert	10 Beef Picadillo w/Rice Sweet Potatoes Dessert**	11 Enchilada Casserole Rice and Beans Dessert	12 Chicken & Vegetable Stir Fry over rice Stir Fry Vegetables Dessert	13 Cheeseburger Oven fries Baked Beans Dessert	14 Turkey Bacon Club Chips Coleslaw cookies
15 Penne w/Tomato Cream Sauce Fresh Vegetable Dessert	16 Roast Turkey Mashed Potatoes w/gravy Fresh Vegetable Dessert	17 Black Beans over Rice Mashed Sweet Potatoes Dessert	18 Beef Lasagna Fresh Vegetable Dessert	19 Tuna Salad Sandwich Macaroni Salad Chips Dessert	20 Jerk Chicken Legs Caribbean Rice & Peas Fresh Vegetable Dessert**	21 Spinach Salad w/bacon & eggs Brownie
22 Chicken Cacciatore Fresh Vegetable Dessert	23 Baked Ham Roasted Sweet Potatoes Dessert	24 Chicken Tetrazzini Fresh Vegetable Dessert	25 Beef Stroganoff Egg Noodles Fresh Vegetable Dessert	26 Turkey & Cheese Sandwich Potato Salad Banana*	27 Oven Fried Chicken Baked Beans Dessert	28 Mediterranean Chopped Salad w/ Chicken Pound Cake
29 Chicken Marsala Fresh Vegetable Dessert	30 Baked WGR Ziti Fresh Vegetable Dessert*					

September 2019