

MARCH

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEALS ON WHEELS OFFICE 239-337-1055 DELIVERY MONDAY THROUGH SATURDAY 9:30 TO NOON **MENU SUBJECT TO CHANGE WITHOUT NOTICE					1 Linguini with clam sauce	2 Beef Stew Vegetable
3 Baked ziti Vegetable	4 Lemon pepper chicken Vegetable	5 Roasted pork loin Vegetable	6 Meatloaf & gravy Vegetable	7 Turkey Pot Pie Vegetable	8 Crab Cakes Vegetable	9 White Bean and Chicken Chili
10 Spaghetti Marinara Vegetable Garlic bread pudding	11 Macaroni & Cheese Vegetable	12 Sweet & Sour Pork Vegetable	13 Honey baked chicken Vegetable	14 Chicken Tetrzzini vegetable	15 Baked parmesan fish vegetable	16 Chef's choice Goulash
17 Corned beef & Cabbage Vegetable	18 Cheeseburger vegetable	19 BBQ chicken Cornbread stuffing Vegetable	20 Baked Ham Vegetable	21 Beef stroganoff Vegetable	22 Shrimp scampi vegetable	23 Chicken Cordon Blue
24 Roasted Turkey Dinner	25 Shrimp & Grits Vegetable	26 Stuffed Chicken Vegetable	27 Shepherds Pie Vegetable	28 TBD	29 Casino crusted fish vegetable	24 Chicken & cabbage stir fry Vegetable
31 Spinach lasagna Vegetable						