



## MOW

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Blackened Fish Vegetable Dessert	2 Chef Salad Dessert
3 Fish Florentine Vegetable Dessert	4 Lemon pepper chicken Vegetable Dessert	5 Hamburger Vegetable Dessert	6 Pulled pork Vegetable Dessert	7 Chicken cacciatore Vegetable dessert	8 Macaroni & cheese Vegetable Dessert	9 Ham & cheese sandwich Potato salad Dessert
10 Crab cake Vegetable Dessert	11 BBQ Chicken Vegetable Dessert	12 Stewed okra, tomatoes and pork Vegetable Dessert	13 Beef stroganoff Vegetable Dessert	14 Roasted Turkey w/gravy Stuffing Mashed potatoes Vegetable Dessert	15 Lemon pepper fish Vegetable Dessert	16 Cobb salad Dessert
17 Crusted baked fish Vegetable Dessert	18 Baked chicken Vegetable Dessert	19 Hotdogs & beans Vegetable Dessert	20 Roasted pork loin Vegetable Dessert	21 Meatloaf & Gravy Vegetable Dessert	22 Baked Ziti Vegetable Dessert	23 Egg Salad Sandwich Fruit Dessert
24 Casino Crusted Fish Vegetable Dessert	25 Open-Faced Roast beef sandwich Vegetable Dessert	26 Chicken Pot Pie Over Biscuits Vegetable Dessert	27 Lasagna Vegetable Dessert	28 Sweet & sour pork Vegetable Dessert	29 Pasta Bolognese Vegetable Dessert	30 Italian salad Dessert